

Intellectual Disability (ID) Demonstration

When a person has an intellectual disability, it means that they learn and process slower. There are over 200 known causes for intellectual disabilities. Not everyone with an intellectual disability is alike. One person may have mild problems while another may have severe problems.

A person with an intellectual disability may:

- Have difficulty understanding what other people say or mean,
- May have difficulty communicating their needs or what they mean,
- Have difficulty understanding social cues,
- Have difficulty learning and concentrating,
- Have to do things many more times than average before they learn it,
- Act younger than their age.

This activity requires two people. The two people should sit back to back. The first person should use the shape on the next page. The second person should have a blank piece of paper and a pencil. Person 1 will give directions to person 2 about how to draw and replicate the abstract shape. After person 2 has completed the drawing the couple should debrief and compare the finished drawing to the original shape that person 1 used as a guide. After the activity debrief about what was difficult and what presented as a problem. What would have helped?

