

Plans to Support Your Child With a Disability or Special Health Need

If your child has a disability or special health need, there are many supports that can be built into various plans ensuring your child's individual needs are met. It is important to understand the types of plans that can support your child's behavioral, educational, developmental, or health needs.

Type of Plan	What is it for?	Contact Person	Your Role:
IFSP: Individual Family Service Plan	Plan for early intervention services for infants and toddlers ages birth to 3 years.	Early Intervention Case Manager through Alabama Department of Rehabilitation Services	Make a request for evaluation, if needed. Take part in planning early intervention services and stay involved to make sure they are carried out.
IEP: Individual Education Plan	Plan for education and related services for students ages 3 to 21 receiving special education services.	Special Education Case Manager or District School Coordinator	Refer your child for evaluation if you think your child may have a disability. Take part in eligibility, evaluation, and IEP meetings. Request copies of all documents related to the IEP. You should receive IEP updates as often as your child receives report cards.
504 Plan	Plan to address the unique needs of students with disabilities. The student may or may not qualify for special education services.	Each school district has a 504 Coordinator.	Ask for your child to be evaluated. Take part in planning and ask for a copy of the 504 plan.
IHP: Individualized Health Plan	Plan to address the unique health needs of students while they are in school or participating in extracurricular activities.	Usually the school nurse.	Provide all health information that is important to your child's performance in school. Ask for a copy of the IHP.
FBA: Functional Behavioral Assessment	A process to address serious student problem behavior that sometimes comes before writing a Behavior Intervention Plan.	Special Education Teacher Special Education Coordinator School Psychometrist or Psychologist	The IEP team will decide if an FBA is necessary before writing a BIP. Parents should be asked to participate in the FBA process.
BIP: Behavior Intervention Plan	A plan to address special behavioral needs of students with emotional and or behavioral concerns at school.	Special Education Teacher Special Education Coordinator School Psychometrist or Psychologist	Ask for a FBA so a BIP can be developed. Be part of the planning of the BIP and services and stay involved. Ask for a copy of the BIP and regular updates.



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KEY CONTACTS FOR PLANS OF SUPPORT

Keeping key contact information can help you to effectively manage and monitor your child's progress. The chart below provides space for you to maintain key contact information for support and educational staff that are responsible for your child's plans.

Contact Name	Contact Phone	Contact Email	Role in Supporting Your Child
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APEC IS HERE TO HELP

APEC provides free training, information, and consultation to families. Visit our training calendar for more information about learning opportunities at www.alabamaparentcenter.com or call our center.

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